



Rules for Volunteers at the Upendo Mama Africa Center in Moshi Tanzania

As a volunteer, you will support the staff at the children's center.
This will give you time to orient yourself.

You help with cooking, washing clothes and shining shoes, doing homework with the children, practicing English or mathematics, reading and writing with them.

You play, paint, do handicrafts or sing with them. Just the way it fits your personality. Maybe you play an instrument or like to dance. There are no limits to your creativity.

Bring in new ideas, but don't try to change an entire culture.

You will also help with personal hygiene and dressing and undressing the children.

You accompany practically the entire daily routine.

Office work is not one of your tasks, unless you are asked about it directly.

After 1 to 2 weeks of orientation, you can also specialize in one area.

What do we expect from our volunteers?

- You pay a participation fee of 20 USD per day of volunteer service at the children's
- center. This also means for the days when you are not present.
- This contribution must be transferred to one of the following accounts at least 1 before your arrival:

Diamond Trusts Bank (T) LTD.

Branch: Moshi Branch

Address: p.o.box 8395,
Old Moshi Road

Swift Code: DTKETZTZ

Account: 0279402001 (TZS)
0279402002 (USD)

Tanzania:

Upendo Mama Africa NGO
Ngangamfumuni street,
nearby Deeper life bible church,
Moshi district,
Kilimanjaro Region
P.O.Box 83 60

Juma A. Mmbaga

phone: +255 684 063 607
Elia Amos Samwel
phone: +255 685 158 585

Date of registration: 18.02.2022

Registration-No.: ooNGO/R/2871

Germany:

Upendo-Mama- Afrika Center e.V.
Kerstin Schulze
Luisenaue 94
15864 Wendisch Rietz

E-Mail:

mama.afrika.upendo@gmail.com
website: www.UMA-Center.org
phone: + 049 173 31 81 572

Bank details:

Bank: Postbank
IBAN: DE93100100100838575130
Tax.-No.: 061/143/05322



- In return, you will have lunch and dinner in the center every day.
- We will pick you up from the airport and bring you back again.
- If necessary, we can also organize safaris or a climbing tour on Kilimanjaro for you, but these mean additional costs.
- Volunteers are not allowed to spend the night in the children's house itself unless there are special occasions.
- You are free to manage your time. There are no fixed working hours.
- But always log in and out of the Maasai (attendance book) and let us know if you are coming late or want to take a day off.
- In the dark, the path from the center to the accommodation, must always be secured by the staff (no solo walks in the dark).
- Most of our children speak Swahili, some also speak and understand English. We expect a good school English or the willingness to learn a new language.
- If you have any questions or concerns, please contact the director of the children's center in confidence. They are at your side with words and deeds.
- At the end of your volunteer service, you will receive a certificate of your work in our center.

How can you prepare?

- Write us a letter of motivation. Why do you want to work with children?
- Inform yourself about the culture in your host country.
- Read the information sheet about working with children carefully and consider whether you are really in the right place.
- To prepare for the language, we recommend the Duolingo App or the included vocabulary list.
- Find out about necessary vaccinations or other medical requirements in the host country. Talk to your family doctor about this. They may be able to direct you further.
- If you have any questions about visas, please contact your Foreigners' Registration Office.
- If you have any other questions about the project, please send them to our email address: mama-africa-upendo@gmail.com.
- Have a look at our website beforehand: uma.center.org.

We look forward to hearing from you.

Best regards

from Upendo-Mama-Africa Center Team

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